

# Bison Banner

Central City Public Schools Newsletter

Central City, NE 68826

<http://centralityschoolsne.org/>



**January 2012** ... WOW!! I'd like to welcome back our students...CCPS staff are excited about the second semester of school.

In the school world, the opening day in August begins a new year. However, it is difficult, as we begin a new calendar year, not to look back at the accomplishments and challenges of the past calendar year even as we look forward with hope and expectations.

Looking at 2011 retrospectively, the Central City community can be very proud of its schools. We have students who continue to perform at high levels in academics, performing and visual arts, athletics, and community involvement. Very able, professional, and hardworking teachers and staff support their efforts daily.

Our expectation and hope for 2012 as always, is that this success will continue and we will improve. However, 2012 will present several challenges from Nebraska State Assessments (NeSA tests) and the unknown state economic forecast.

Our legacy is to motivate our staff and community to embrace change that makes schools more meaningful and relevant to children and to acknowledge the importance of broad ownership, collaboration and shared responsibility for solutions. Thank you for your continued support of our school system and families. Thank you for making the difference everyday in the lives of our children.

A new year generally means a time for reflection, a time to regroup on priorities, and a time to assess goals. Below are some questions I have used in the past to take a step back and "check-in" with myself. Perhaps during your reflection they will help you see how well you are doing and give you some additional insight into yourself.

**What** gets you going in the morning, eager to embrace whatever might be in store? **What** inspires you to do your best, day-in and day-out? **What** is your personal-best leadership experience? **If** you were just starting this job, what would you do?

**Where** in the organization have you not seen or understood what takes place? (**Where** in the community that you serve have you not visited?)

**What** keeps you awake at night?

"**The** way we've always done it around here", **how** useful is this in helping us become the best we can be?

**What** are the qualities that would make this organization a great place to work? **What** behaviors do we want to reinforce?

**What** values do you hold dear? **Tell** me about your dreams for this organization? **What** is your vision?

As superintendent, my goal has always been to build ongoing support for, and trust in, our schools. I encourage and welcome suggestions and feedback on how we are doing and how we can improve.

*Educationally yours,*

*Dr. Candace Conradt  
Superintendent*



**Dr. Candace Conradt, Superintendent  
January 2012**





**January is School Board Appreciation Month. This recognition honors and underscores the Board's important role in promoting public education and student achievement. Our Board members are volunteers who provide a passionate voice of advocacy for our students, staff and parents. During the January 16th School Board meeting, they will be honored for their dedication to the Central City School District. If you get an opportunity, please say a word of thanks to Dale Palser, Kent Malm, Steve Belitz, Lisa Wagner, Brad Wells, and Kara Wells.**

*From the High School Principal's Desk.....*

The first half of the school year has come and gone and it is a time to celebrate the successes and examine how we can improve on the status quo. During the second semester, we will administer the state assessments (Nebraska State Accountability or NeSA) in writing, reading, mathematics, and science to all 11<sup>th</sup> graders; elementary and middle school also assess their students in those areas. The NeSA assessments are based on the state standards that are embedded in the curriculum.

*The Nebraska State Board of Education believes that the primary purposes of the Nebraska State Accountability Model are to publicly report student performance on state standards in all Nebraska public schools and districts, to provide state assistance to those public schools and districts in most need of improvement, and to provide tangible state recognition for those public school districts that achieve and maintain high performance.*  
(Nebraska State Accountability Framework, November 2, 2010).

Many hours of planning, developing, and aligning the state standards to the school's curriculum has taken place at the local and state level. This year we will have access to practice testing opportunities to enhance student performance through a computerized testing program called C4 Learning (Check 4 Learning). The NE Department of Education, and teachers throughout the state have spent a considerable amount of time and resources developing practice problems in math, science, and reading that correlate with the state standards in which our students will be using in all grades in the core areas.

How important are the assessment results? We use the assessment results to determine the student's level of proficiency. The student data provides administration and teachers valuable information to help us determine our school's goals and the results help determine the effectiveness of instruction. The test outcomes are extremely important, therefore the students need to do their very best on the assessments in order to provide accurate data to help the teachers and administration make informed decisions about student learning.

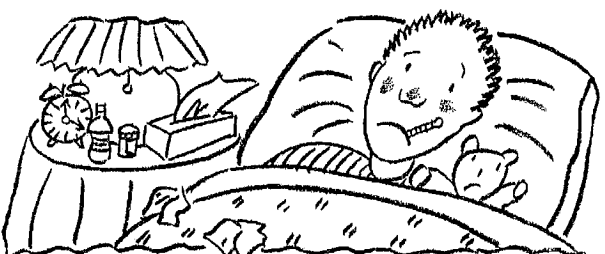
***Principally Speaking,  
Shawn McDiffett***

**From the desk of the Middle School Principal**

The 2<sup>nd</sup> semester begins! One of the many great things about education is the opportunity for a fresh start. Teachers and students have time to reflect a bit and make some changes in effort and attitude which will lead to better performance. Almost like halftime of a ball game. How often do we see a team come out of the locker room, make adjustments, and turn things around in the 2<sup>nd</sup> half? While most of our students are being quite successful here at CCMS, we do have many that struggle routinely with their performance and that effects the performance of the entire "team." I believe that we can continue to work toward a culture of excellence here at CCMS but it's going to take a sustained effort on the part of ALL stakeholders. Along the way, we will experience setbacks but my resolve as principal will not diminish. Please visit with your child about their first 1/2 of the school year. Are they satisfied with how they are doing? Are they proud of their achievement? Have they contributed to the culture of our school in a positive way? Do they hold themselves to a high standard of accountability regardless of what is done around them or said about them? What can they do to improve their performance and thus the performance of our entire school? We will have students reflect on their first semester and make resolutions for the 2<sup>nd</sup> half of the school year when we return in January. Start the conversation with them already.

I appreciate your support and I encourage you to be a positive advocate for your child's teachers and our school. Please contact us if you need some clarification on anything that is happening here at CCMS. We will be happy to visit with you.

Mr. Arlt



### Is It a Cold or the Flu?

Symptoms	Cold	Flu
Fever	Rare	Usual; 100°F to 102°F, occasionally higher, especially in young children; lasts 3 to 4 days
Headache	Rare	Common
General Aches, Pains	Slight	Usual; often severe
Fatigue, Weakness	Sometimes	Usual; can last up to 2 to 3 weeks
Exhaustion	Never	Usual; at the beginning of the illness
Stuffy Nose	Common	Sometimes
Sneezing	Usual	Sometimes
Sore Throat	Common	Sometimes
Chest Discomfort, Cough	Mild to moderate; hacking cough	Common; can become severe
<b>Treatment</b>	Antihistamines Decongestants Nonsteroidal anti-inflammatory medicines	Antiviral medicines— see your doctor
<b>Prevention</b>	Wash your hands often with soap and water; avoid close contact with anyone with a cold	Annual vaccination; antiviral medicines—see your doctor
<b>Complications</b>	Sinus congestion Middle ear infection Asthma	Bronchitis, pneumonia; can worsen chronic conditions; can be life-threatening. Complications more likely in the elderly, those with chronic conditions, young children, and pregnant women

U.S. Department of Health and Human Services  
National Institutes of Health  
National Institute of Allergy and Infectious Diseases

November 2008  
www.niaid.nih.gov

Jan 3 Professional Development- **No Students**  
Jan 4 Begin 2<sup>nd</sup> Semester

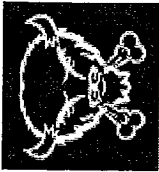
Feb 2 Prof. Development 8-11:30 - **No Students**  
Feb 2 Parent/Teacher Conferences 1:30-8:30 pm  
Feb 3 **No School**  
Feb 16 Prof. Development - **No Students**  
Feb 17 **No School**  
Feb 24 **No School**

March 2 **No School**  
March 7 End 3<sup>rd</sup> Qtr. (41 days)  
March 8 Prof. Development - **No Students**  
March 9 **No School**

Apr 6 **No School – Good Friday**  
Apr 9 **No School**  
Apr 10 Prof Development  
Apr 13 CC Track Meet 11:30 Dismissal

May 13 Graduation 2 pm  
May 24 11:30 Dismissal  
May 24 End 4<sup>th</sup> Qtr. (49 days)  
May 24 End 2<sup>nd</sup> Semester(90 days)

Two (2) built in snow days  
Make up order for snow days: March 2, March 8, March 9, May 25



# Central City

January, 2012

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
2:00pm Special Olympics @ Central City High School	6:00PM BB-G/9th Away vs. Fillmore Central 7:30PM BB-B/9th Away vs. Fillmore Central	Professional Development - No Students 4:30PM BB-B/JV (H) vs. Twin River 4:30PM BB-G/JV (H) vs. Twin River 6:15PM BB-G/V (H) vs. Twin River 8:00PM BB-B/V (H) vs. Twin River	2nd Semester Begins	5:00PM BB-G/9th (H) vs. Schuyler Community 6:00PM WR-B/V Away vs. Adams Central Junior-Senior, Kearney Catholic, Minden 6:30PM BB-B/9th (H) vs. Schuyler Community	4:15PM BB-B/9th (H) vs. Humphrey 6:00PM BB-B/JV (H) vs. Fillmore Central 7:45PM BB-B/V (H) vs. Fillmore Central	Speech @ Hastings 9:00AM BB-G/9th (Rescheduled from 12-03-11) Away vs. St. Paul 9:00AM WR-B/V (H) vs. TBD 10:30AM BB-B/9th (Rescheduled from 12-03-11) Away vs. St. Paul
8	9	10	11	12	13	14
2:00pm Special Olympics @ Central City High School	6:00PM BB-G/9th Away vs. Fillmore Central 7:30PM BB-B/9th Away vs. Fillmore Central	4:30PM BB-B/JV (H) vs. St. Paul 4:30PM BB-G/JV (H) vs. St. Paul 6:15PM BB-G/V (H) vs. St. Paul 8:00PM BB-B/V (H) vs. St. Paul	11	4:30PM BB-G/9th (Time & Location Changed) Away vs. Aurora 6:30PM BB-B/9th (Time & Location Changed) Away vs. Aurora 7:00pm DECA/FFA Meetings	4:30PM BB-B/JV Away vs. Aurora 4:30PM BB-G/JV Away vs. Aurora 6:15PM BB-G/V Away vs. Aurora 8:00PM BB-B/V Away vs. Aurora	Speech CNFL #1 (Grand Island) 10:00AM WR-B/V @ Nebraska City High School 1:00PM BB-B/JV (H) vs. Centennial Junior-Senior 1:00PM BB-G/JV (H) vs. Centennial Junior-Senior 2:45PM BB-G/V (H) vs. Centennial Junior-Senior 4:30PM BB-B/V (H) vs. Centennial Junior-Senior
15	16	17	18	19	20	21
1:00pm Knights of Columbus Freethrow Contest @ Central City Middle School	Boone Central Choral Clinic @ Multiple locations 6:00PM BB-B/7th Away vs. St. Paul 7:00PM BB-B/8th Away vs. St. Paul	6:00PM BB-B/JV (H) vs. Schuyler Community 6:00PM BB-G/V (H) vs. Schuyler Community 7:45PM BB-B/V (H) vs. Schuyler Community 7:45PM BB-G/JV (H) vs. Schuyler Community	18	6:00PM BB-G/9th Away vs. York 7:30PM BB-B/9th Away vs. York	"Staff Travel Request" @ * Multiple locations 4:30PM BB-B/JV Away vs. Wood River Rural 4:30PM BB-G/JV Away vs. Wood River Rural 6:00PM BB-G/V Away vs. Wood River Rural 7:45PM BB-B/V Away vs. Wood River Rural	TBD BB-B/8th Away vs. York, Fillmore Central HaMer Speech Meet (Central City) 9:30AM WR-B/V @ Aurora High School 4:00PM BB-B/7th Away vs. York, Fillmore Central
22	23	24	25	26	27	28
2:00pm Special Olympics @ Central City High School	TBD BB-B/V (H) vs. TBA TBD BB-G/V (H) vs. TBA 4:00PM BB-B/7th (H) vs. York	TBD BB-B/V (H) vs. TBA TBD BB-G/V (H) vs. TBA 4:30PM BB-B/8th (H) vs. Westridge 6:30pm Art Club Meeting	25	TBD BB-B/V (H) vs. TBA 4:30PM BB-B/7th Away vs. Twin River 5:30PM BB-B/8th Away vs. Twin River	TBD BB-G/V (H) vs. TBA 7:00pm Spanish Club Meeting	TBD BB-B/V (H) vs. TBA TBD BB-G/V (H) vs. TBA Speech - CNFL #2 (Grand Island) @ Multiple locations Youth Basketball Tournament (M. Good) @ Central City Middle School 10:00AM WR-B/V @ Ainsworth High School
29	30	31				
Youth Basketball Tournament (M. Good) @ Central City Middle School	4:00PM BB-G/9th (H) vs. Twin River 5:30PM BB-B/9th (H) vs. Twin River	4:30PM BB-B/JV (H) vs. York 4:30PM BB-B/7th Away vs. Aurora 4:30PM BB-G/JV (H) vs. York 5:30PM BB-B/8th Away vs. Aurora 6:00PM BB-G/V (H) vs. York 7:45PM BB-B/V (H) vs. York				



# JANUARY

# BREAKFAST

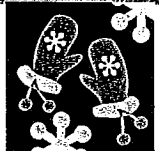
SUN MON TUE WED THU FRI SAT

1	2	3	4	5	6	7
	No School	No School	Pancakes Pears	Cereal Apricots	Bagel Fruit cup	
8	9	10	11	12	13	14
	Cereal Applesauce	PB&J Pears	Cereal Tropical Fruit	Egg Wrap Pineapple	Cereal Peaches	
15	16	17	18	19	20	21
	BKF Corn dog Apples	Cereal Fruit Cocktail	Biscuit & Gravy Pineapple	Cereal Fruit Cup	Cinnamon Rolls Applesauce	
22	23	24	25	26	27	29
	Cereal Peaches	Scrambled Eggs Toast Fruit Cocktail	Cereal Banana	Pancakes Sausage Pears	Turnover Oranges	
29	30	31				
	Egg Omelet Pears	Cereal Tropical Fruit	20 days = \$29.00			

All meals are subject to change

Breakfast has choice of main entrée, cereal or yogurt if desired.

Served with a fruit and milk.



# JANUARY

# LUNCH

SUN MON TUE WED THU FRI SAT

1	2	3	4	5	6	7
	No School	No School	Hamburger on Bun Potato Wedges	Turkey Ala King Biscuit	Grilled Cheese Green Beans	20 days EL =\$42.00  20 days MS/HS =\$46.00
8	9	10	11	12	13	14
	Pasta Alfredo Peas	Chili Cheese & Fritos Corn	Popcorn Chicken Mashed Potatoes Gravy Peanut Butter Bar	Spaghetti Breadstick	Mexican Mac Peas and Carrots	
15	16	17	18	19	20	21
	Beef Patty Mashed Potatoes Gravy	Chicken Sandwich Cheesy Broccoli	Stromboli Green Beans	Corn dogs Poke Cake	Baked Potato Bar with Chili	
22	23	24	25	26	27	28
	Chicken Nuggets Corn	Meatball Sub French Fries	Beef Sticks Peas Cookie	Pizza Green Beans	Fish Sticks Buttered Pasta	
29	30	31				
	Tacos Rice	Deli Sandwich Chips	Parents need to notify Elementary School by 9:00 a.m. if they plan to eat hot lunch with student.			

All meals are subject to change.

All meals served with fruit and vegetable bar

Milk offered daily.

Choice also available if main entrée is not desired and those choices are: yogurt, peanut butter & jelly or chef salad.

Seconds and A la Carte items also sold in the High School & Middle School

High School has a choice of sack lunch in place of regular hot lunch. Each sack offers sandwich, fruit, vegetable, grain & milk.

